



Eudunda Area School

ANTI BULLYING BEHAVIOUR DEVELOPMENT POLICY

A whole school approach

Eudunda Area School is committed to providing opportunities that transform the lives of students and the wider community through a learning culture of challenge, rigour, engagement and care, providing diverse pathways, student ownership and wellbeing that allows them to become active global citizens.

VALUES

Commitment - Understanding - Respect - Friendship - Responsibility - Integrity

NATIONAL DEFINITIONS OF BULLYING

- **BULLYING**

Bullying is repeated verbal, physical or social behaviour that is harmful and involves the misuse of power by an individual or group towards one or more persons. Cyber-bullying refers to bullying through information and communication technologies. Conflict or fights between equals and single incidents are not regarded as bullying. Bullying in any form or for any reason can have long term effects on those involved, including bystanders.

- **Discrimination**

Discrimination occurs when people are treated less favourably than others because of their race, culture or ethnic origin, religion, physical characteristics, gender, sexual orientation, marital, parenting or economic status, age and/or ability or disability. Discrimination is often ongoing and commonly involves exclusion or rejection.

- **Harassment**

Harassment is behaviour that targets an individual or group due to their identity, race, culture or ethnic origin, religion, physical characteristics, gender, sexual orientation, marital, parenting or economic status, age and/or ability or disability, and that offends, humiliates, intimidates or creates a hostile environment. Harassment may be an ongoing pattern of behaviour or it may be a single act.

- **Violence**

Violence is the intentional use of physical force or power, threatened or person/s that results in psychological harm, injury or in some cases death. Violence may involve provoked or unprovoked acts and can be a single incident, a random act or can occur over time.

- **Cyber-bullying** (developed by the SA Coalition)

Cyber-bullying is bullying which uses actual, against another e-technology as a means of victimising others. It is the use of an internet service or mobile technologies such as email, chat room discussion groups, instant messaging, web pages or SMS (text messaging) with the intention of harming another person. Examples include communications that seek to intimidate, control, manipulate, put down or humiliate the recipient.

- **Sexual Harassment**

Sexual harassment is unwelcome sexual conduct which makes a person (male or female, of the same or opposite gender, same sex attracted, bisexual or transgender) feel offended, humiliated and/or intimidated, where that reaction to the conduct is reasonable in the circumstances. Sexual harassment can be a single incident, repeated or continuous, direct or indirect, and take various forms.

At Eudunda Area School bullying is defined as deliberately hurtful behaviour which leaves the person who is being bullied feeling upset or hurt.

- Bullying involves one or more people exerting power or dominance over another or others.
- Bullying behaviour is deliberate, unwelcome, uninvited and can sometimes be repeated.
- Bullying involves behaviour which is physical, verbal or social.
- Bullying includes a wide range of behaviour that causes another person to feel embarrassed, offended, hurt, humiliated, insulted, ridiculed, ashamed, angry or afraid.
- Bullying can sometimes have a serious long term effect on the physical, social and emotional well-being of people.

FORMS OF BULLYING

Bullying behaviour can be:-

- **Verbal**
name calling, put downs, threatened, made fun of, teased
- **Physical**
hitting, tripping, poking, punching, kicking, throwing objects, spitting, grabbing, stealing property
- **Social**
ignoring, hiding, standover tactics, excluding
- **Emotional**
following, invasion of personal space, dirty looks, spreading rumours, damaging property, stealing property, inappropriate written text, eg. passing of notes, abusive emails, mobile phone messages, internet chat rooms
- **Intellectual**
name calling, spoken or written words, made fun of, teased, with reference to a person's intellectual ability
- **Sexual**
name calling, spoken or written words, jokes, physical actions

SHARED RESPONSIBILITIES TO ADDRESS BULLYING

At Eudunda Area School we believe bullying is totally unacceptable. Everybody within the school community has a shared responsibility to act against bullying.

If you witness a person being bullied, as a bystander you have a responsibility to:-

- **R**espond by caring
- **E**yewitness events
- **P**lay it cool, don't get caught up in it
- **O**ffer support
- **R**emove the person who is being bullied and report to the appropriate person
- **T**ake care of the person who is being bullied

IF YOU ARE BEING BULLIED

When to report it

- If you are feeling unsafe.
- If you have tried to resolve it and the bullying has not stopped.
- When someone's safety is being affected.

Who to report it to

- A friend
- Parent or caregiver
- A teacher
- The Counsellor
- A leadership staff member
- School Support Officer (SS)
- Pastoral Care Worker
- Kids Helpline 1800 551800

How to report it

- Talking
- Writing a note
- Completing a formal warning or notification form with support from a school staff member

PROACTIVE SCHOOL ACTIONS

At Eudunda Area School we provide a safe, secure learning environment. The Eudunda Area School community does not accept bullying. In classrooms students are involved in activities which promote and create understanding of our Behaviour Development Policy, eg. the formation of an agreed Code of Conduct.

The whole school community are taught how to respond to bullying and are taught as bystanders how to take positive steps to stop bullying. We are proactive by:-

- demonstrating our school values of *commitment, understanding, respect, friendship, responsibility, integrity*, eg. our implementation of the Bounce Back programme through the Keep Safe Child Protection curriculum
- valuing others
- promoting resilience in our students
- providing anti-bullying lessons
- providing a safe, secure environment in the playground and classrooms
- encouraging and teaching bystanders how to report incidents
- expecting students to take responsibility and be accountable for their own behaviour
- using Restorative Justice practices when counselling students

RESPONSES TO BULLYING BEHAVIOUR

Consequences for bullying behaviour

Students who have bullied another person or people will receive counselling and consequences in line with our school's Behaviour Development Policy. Where appropriate, the Police may be contacted.

The student who has been bullied

Counselling will be offered to the student. Parents/caregivers will be informed of the bullying incident, when a student presents concerns.

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